



Gluten Friendly Menu

Edamame Steamed, toasted black sesame honey glaze	8.25
Baked Chicken Wings Firecracker, lemon pepper, orange Sriracha marmalade, tequila lime, salt & pepper, roasted garlic Serrano suicide	13.75
Prawn Cocktail Seven chilled prawns, mixed greens. Classic cocktail sauce	13.50
Sticks & Dip Carrot & celery, house made peppercorn ranch	2.50
Nachos Three cheeses, tri colour corn chips, onions, tomatoes, bell peppers, sour cream & salsa Extra cheese or Guacamole 3.00	20.95
Caesar Salad Crisp romaine, Asiago, Caesar dressing	10.25
Summer Greens Field greens, local apples, red onions, sundried cranberries, pumpkin seeds, sunflower seeds, pearl Bocconcini, white balsamic honey vinaigrette	12.95
Salad Adds Spiced Chicken breast Seven Chilled Prawns	4.75 7.75
Southwest Chicken Salad Cajun spiced chicken, field greens, sweet corn, chickpeas, tomatoes, red onions, buttermilk- avocado dressing and corn chips	14.25
Sirloin Steak Grilled 5 oz center cut sirloin, sautéed mushrooms choice of salad	14.95

**All items on this menu do not contain gluten,
We do have gluten present in our kitchen and cannot certify gluten free
Gluten Free Beer & Cider Available**